

The Sweet Relief Of Taking Out The Trash

February 2020

Create in me a clean heart, O God; and renew a right spirit within me. Psalm 51:10

Because my trash is picked up very early Monday morning, I usually push the trash tote to the curb on Sunday night. Two weeks ago I had an extremely busy day at church with a carry-in dinner and three worship services that I preached. I was tired, felt lazy and thought, “I’ll get up early and put the trash out tomorrow.”

Of course on Monday morning I found myself moving slowly and missed the trash pick-up. Usually that isn’t a big deal; I live by myself and don’t generate all that much trash. But the problem is that I hadn’t gotten it out to the curb the previous week either. By mid-week my trash bin was overflowing and I was piling things in the garage.

Early Sunday night I pushed the bin out to the curb, precariously mounded trash on and around it—saying a little prayer that some animal didn’t spread the trash around the yard during the night.

When I left for work the next morning I breathed a sweet sigh of relief that the trash collectors had already come and emptied the bin. I had a fresh start for the week.

Life is like that. We find ourselves accumulating all kinds of rubbish—often we hold on to things that we know should be long gone. Perhaps, we just haven’t taken time to deal with our “stuff.” Or perhaps we stubbornly hang on to bad habits, nurse our old wounds, refuse to forgive someone who has wronged us, or pretend we aren’t really angry or hurt. Everything mounds up on us.

The season of Lent begins with Ash Wednesday on February 26th. During this time of the church year we practice spiritual disciplines like prayer, fasting, and silence as a way to invite the Holy Spirit to examine our hearts and show us what needs to go to the “curb.” In this way we prepare to fully embrace the joy of resurrection and new birth on Easter Sunday.

Blessings and peace,

Pastor Beth Ann



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E-mail: loganfirst@comcast.net * **Website:** www.loganfirst.org

Trustee Report

January Undertakings:

- Carpets in LCM areas were cleaned.
- Circulation pumps were rotated.
- Two New storage cabinets were purchased and assembled– one each for the Zo Church and Haitian church.
- Received two bids on replacement of panic hardware and weather stripping on Sanctuary doors. We will have that work done very soon.
- Tile in the Fellowship hall was stripped and refinished.
- Pastor Beth Ann has requested a replacement tree for the back yard of the Parsonage. She was given permission to find and recommend a tree.
- We are considering a project to replace the kitchen dishwasher, the flooring under it and walls behind it.

Steven C. Longenecker
Chair, Trustees



KIDS Club is an outreach to LCM and neighborhood Children ages 4-12. KC meets on the 2nd & 4th Sunday each month at 10:30 AM. Want to help? We are looking for volunteers to supply/serve cookies

for up to 10 children each week. Details are on the sign up form at the Registration table.

Finance Corner

The Finance committee will submit a report for the March issues of The Alive Newsletter.

Prayer Concerns

Rev Art Collins
Elizabeth Billman
Family of John Weeks
Nancy Beechler
Karen Starkey
Baby Hagan Bussy
Donna Cook
Unspoken

Nursing Homes McKinney Place

Beverly Hess
Woodbridge
Mike Doering

Military Service

Braxton Baker
Jacob Kaley
Alex Karnafel
Matt Karnafel
Oakley Lewellen
Joshua Lyons
Tim Strubell

Praying Together

To help us partner with you in prayer, please submit all requests in writing so we can add the names to our written prayer list. Thank you.

Church Leaders

Our Bishop

Bishop Julius Trimble

Conference

Superintendent

Rev. Lori Blinn

Associate

Superintendents

Rev. Rob Seewald

Rev. John Randall

Church Cluster

Crosswind UMC

Pastor Nick Robinson

First UMC

Pastor Beth Ann Cook

Main Street UMC

Rev. Colleen Hardin

Wheatland Ave UMC

Bert Stover



Should you force feed yourself when you have a fever?

No, a loss of appetite is common when you have a fever. Don't force yourself to eat because you have a reserve of fat to fuel your energy needs for a short period of time. But what you must do is DRINK. The best types of food to consume when you are ill are protein and fat. Avoid simple sugars, dairy, caffeine and alcohol. Dairy can increase mucous production; both caffeine and alcohol dehydrate and alcohol also triggers an inflammatory response.



It's vital that you drink more than your normal 8- 8oz glasses of water per day because a fever removes more fluid from your body. Make sure to observe the color of your urine and drink as much as you need to keep it pale yellow to clear. Replacing fluid loss is critical to fighting the infection.

Kids are more prone to getting a fever because their immune systems have not been exposed to as many germs as adults have experienced. Adults absolutely get fevers too, but we are more likely to have a fever from a bacterial or viral infection that we have not been exposed to.

See your healthcare provider if you:

- Have a fever that is over 100.4 degrees and doesn't get better
- Can't get rid of your cough, congestion, or headache
- Have pain with swallowing
- Have aches and pains, weakness
- Have trouble breathing or chest pain

Most colds are caused by viral infections so if you don't have a fever and symptoms such as a sore throat, runny nose, mild body aches, and fatigue, it's probably just a plain cold and should go away in about a week or so.

Take care,
Heather

Congratulations to Jeff Smith
for receiving the
"Spirit of the County" award!



Birthdays & Anniversaries



1 Leviticus 1-4	11 Leviticus 26-27	21 Numbers 22-24
2 Leviticus 5-7	12 Numbers 1-2	22 Numbers 25-26
3 Leviticus 8-9	13 Numbers 3-4	23 Numbers 27-29
4 Leviticus 10-12	14 Numbers 5-6	24 Numbers 30-31
5 Leviticus 13	15 Numbers 7	25 Numbers 32-33
6 Leviticus 14-15	16 Numbers 8-10	26 Numbers 34-36
7 Leviticus 16-18	17 Numbers 11-13	27 Deuter. 1-2
8 Leviticus 19-21	18 Numbers 14-15	28 Deuter. 3-4
9 Leviticus 22-23	19 Numbers 16-18	
10 Leviticus 24-25	20 Numbers 19-21	

Birthdays

- Feb 1** Paul Yerkes
- Feb 8** Bill Byrd
Laura Karnafel
- Feb 10** Bruce Stuart
- Feb 11** Carly Hall
- Feb 15** Nancy Hamilton
- Feb 16** Judy Williamson
- Feb 17** Vic Sutton
- Feb 18** Dale Byers
- Feb 21** Jacob Fisher
John Schafer
- Feb 22** Mark Baker
Luke Smith
- Feb 23** Martine Byers
- Feb 25** Christy Bartlett
- Feb 26** Kelsey Paschen



Anniversaries

- Feb 22** Vic & Mary Sutton



February Events and Meetings:

- Sun, Feb 9** Church United Service, 4 PM, McHale
- Wed, Feb 12** JOY Circle, 9 AM, Fellowship Hall
- Mon, Feb 17** Finance Mtg, 6 PM, Parlor
- Thurs, Feb 20** Habitat Meeting, 7 PM, Parlor

February - Door Hosts and Sunday Volunteers

	Education Wing	Nursery Hallway	Narthex Hallway
10:45	Doris Regan	Conna Kitchel	Larry Kitchel

Standing Meetings/Studies

Mondays

- 7:00 AM Men's Fellowship, Parlor
- 10:00 AM Staff Meeting, Pastor's Office

Tuesdays

- 9:30 AM Bible Study, Parlor
- 11:00 AM Prayer Meeting, Sanctuary
- 1:00 PM Women's Bible Study

Wednesdays

- 5:00 PM Bell Choir, Sanctuary
- 6:00 PM Choir, Fellowship Hall
Bible Study, Parlor

February - 1st Service Volunteers

- Scripture Reader:** Barb Wolfe
- Communion Prep:** Helen Gray
- Coffee Hour:** Dale & Jeannie Byers

- Café Volunteers:** Feb 2 Kirk Hamilton
- Feb 9
- Feb 16 Conna Kitchel
- Feb 23

News and Information

JOY Circle

JOY Circle will meet for the regular business meeting and fellowship on February 12th at 9 AM in the Fellowship Hall. All women of the church are invited to join.



Anyone interested in helping make blankets for the Cancer Center may come to the Fellowship Hall after 9:30 AM on Wednesday, April 8. Please bring sharp scissors, a pencil, and a ruler. If you have questions, contact Penny Schaefer at 753-8870.

New Coffee Maker

First UMC is brewing up a storm with our new efficient coffee maker. This new system is much easier to operate and brews directly into the coffee pots. Many thanks to our anonymous donor.



The family of Don Hamilton wants to express our gratitude to our wonderful church family for all the cards, phone calls, food, visits and loving prayers. We are so very grateful to be a part of this caring congregation. Thank you, Pastor Beth Ann for the beautiful service and the visits you made and the encouragement you gave us. May our Lord Jesus bless each and everyone of you.
Nancy Hamilton



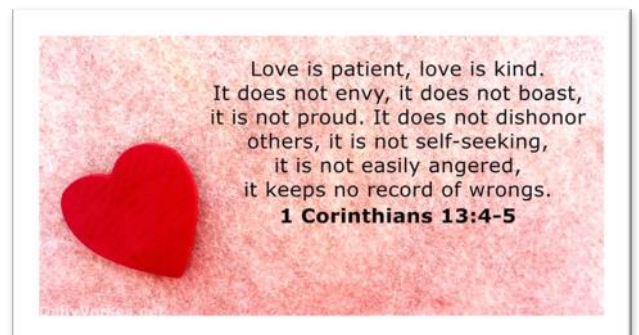
I would like to express my sincerest thanks to whomever put flowers on the altar in my honor. Blessed my heart! Jeannie Byers

Our 60th Wedding Anniversary became even more special when a "shower" of cards began arriving. "How did these people even know of our special day?" We asked one gentleman and he responded, "the whole town knows."

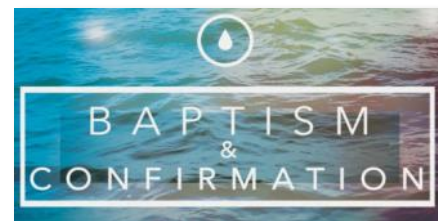
Our daughter said she was receiving the credit even though someone else did all the work. She stated that person wished to remain anonymous.

The cards have continued to come, We've read and re-read them, then bundled and tied them like the love letters of times past. They will bring joy on a cold winter day when we can't get out. We thank you all for making our day truly special. Love, Bruce and Mary Stuart

**From the Barger family
after a devastating
house fire**



The next Confirmation and Baptism service will be held on Sunday, April 19, 2020. During that service, First UMC will welcome Lori, Drew and Morgan Sailors into membership at First UMC. If you would like to learn more about membership or are interested in baptism, please contact Pastor Beth Ann.



Community Church United Service will be held Sunday, February 9, 4 PM, at McHale Performing Arts Center. This is a great opportunity for people from area churches to gather together for worship, prayer, and inspiring words over our city and county!



Sunday, December 15, 2019
6 PM

Little Children's Preschool is accepting applications for full-time preschool and day care teachers. Applications should be sent to Belinda Jordan, LCM Director.



Important Dates in 2020:

- Ash Wednesday-** Wednesday, February 26
- Daylight Saving Time Begins-** Sunday, March 8
- First Day of Spring-** Thursday, March 19
- Palm Sunday-** April 5
- Passover Begins-** Wednesday, April 8
- Good Friday-** April 10
- Easter Sunday-** April 12
- Membership Sunday-** April 19
- Faith Promise Sunday-** April 26
- Mother's Day-** Sunday, May 10
- Memorial Day-** Monday, May 25
- Father's Day-** Sunday, June 21



LCM is off to a great start this year!

We are excited about upcoming events and the new 2020 goals! We would like to remind everyone that Nicole will be out on maternity leave until March 23rd. Lori Shewman is covering for Nicole in the afternoons until she returns. We would also like to welcome Shirley Wilson to our staff. Shirley will be a new toddler teacher in our Tiger room. She will begin work on February 10th. We are excited to have her! We are still looking for a new preschool teacher. Miss Angel/Elephant Teacher has moved to Lafayette. She was with us for several years. We hope to find a great fit for her classroom soon. If anyone is aware of a possible applicant, please tell them to apply either online at Indeed, or in person.

One of our 2020 goals is the "Indoor Project Playground." We purchased 2 tumbling mats, a soft balance beam, "road signs" for a possible tricycle area, 2 individual trampolines, and some clothing for the dramatic play center. The estimated project amount is \$6,000. We will know a more exact figure once we complete the design. Another goal is to purchase a new dishwasher. This will require the flooring and wall in the kitchen to be repaired. The exact date to complete this project has not yet been determined. Another long term goal of LCM is to install a privacy fence around the playground. We have discussed getting estimates on a vinyl fence that would allow air to flow thru the playground. The purpose of the fence is to stop trash and other debris from getting into the playground and to minimize the amount of exposure our children have to people walking by.

LCM will begin their "World's Finest Chocolate" fundraiser in February. The cost will be \$1.00 per candy bar. Proceeds will go toward our "Indoor Project Playground." We will have candy bars available in the office.

Thank you for everything you do to support Little Children's Ministry! We are looking forward to continuing to provide quality learning and childcare to our community in 2020.

February Mission: Provide pictures for shut-ins

Special Dates: February 12th- classroom Valentine's Day parties

Sincerely,

Belinda Jordan, Director

LCM STAFF

Director - Belinda Jordan

Administrative Assistant - Nicole Hacker

Treasurer - Julie Slater



First United Methodist Church

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Communication

Phone: 574.753.3491

Email: loganfirst@comcast.net

Web: www.loganfirst.org

Church Office Hours: M-F, 8:30 AM-12:30 PM

LCM Office Hours: M-F, 6 AM-6 PM

Sunday Services

8:15 AM - Worship/Traditional

9:30 AM - Sunday School/Fellowship

10:00 AM - Creole-speaking Church Service, Chapel

10:45 AM - Contemporary Worship/*The Stand*

2:00 PM - Zo Christian Church, Chapel

Bible Studies

Men's Monday Fellowship - 7 AM, Parlor

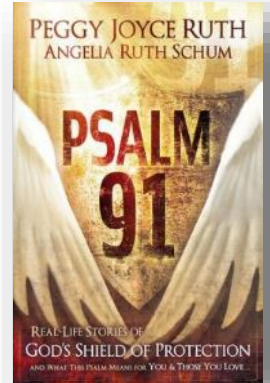
Tuesday - Women's Study- 9:30 AM, Parlor

Church Staff

- ◆ **Pastor:** Beth Ann Cook
Phone: 812-550-4736
Email: revbethanncook@gmail.com
Instagram: [revbethanncook](https://www.instagram.com/revbethanncook)
- ◆ **Administrative Assistant:** Lori Shewman
Email: loganfirst@comcast.net
- ◆ **LCM Director:** Belinda Jordan
Email: fumlcm@gmail.com
- ◆ **LCM Administrative Assistant:** Nicole Hacker
Email: lcmsec@comcast.net
- ◆ **Treasurer:** Elaine Hall
Email: loganfirsttreasurer@comcast.net
- ◆ **Financial Secretary:** Penny Schaefer
- ◆ **Worship Leader:** Ali Williams
- ◆ **Media Coordinator:** Luann Hamilton
- ◆ **Pianists:** Deb Binford, Jeff Smith, Elaine Hall

Book of the Month

"In Psalm 91, Real-Life Stories of God's Child of Protection by Peggy Joyce Ruth, a veteran Bible teacher, guides you through a personal study of this psalm, explaining verse by verse God's promises of protection. Along the way you will find hope and encouragement in the stories of people from all walks of life who have found refuge in this covenant promise from God."



Psalm 91 along with many other excellent resources are available to check out in the church library.

Lost & Found

Lost and found has been moved to a Basket in the Parlor. Found items will be kept for 4 weeks.



Our Vision

REACH | EQUIP | SEND

Our Mission

The mission of the church is to make disciples of Jesus Christ for the transformation of the world.