

A Vision for 2020

“What do you want me to do for you?” Jesus asked.
“My Rabbi,” the blind man said, “I want to see!” **Mark 10:51**

As I look back on 2019 one of my favorite things I got to do was visit the Getty museum on vacation. The Getty has an amazing collection of impressionist and post-impressionist paintings including “The Portal of Rouen Cathedral in Morning Light” by Claude Monet. From 1892-1893 Monet produced a large number of paintings of the intricate cathedral façade in different lights and effects. Monet was not merely painting the cathedral—he was painting the light as it played across the cathedral.



I’ve often wondered why I love impressionist art so much. It may be because the fuzziness of impressionism is literally how I saw the world in my early years. I had amblyopia (also called “lazy eye”) and the doctor did not want to put me in glasses in hopes that I would grow into more normal vision. One of my strongest childhood memories was getting my first pair of glasses in 3rd grade. I remember getting in the car with my Mom and saying, “I can see individual leaves on trees!” I had no idea that you were supposed to be able to do that! The world looked like a Monet painting to me.

The reality is that we often see the world around us unclearly for a variety of reasons. As we enter the new year I’m praying for God to give us the ability to see the world as He sees it. I also want to see what the Holy Spirit is doing in our midst and get on board with what He is doing.



I was surprised—but excited—when we recently had an opportunity open up for us to start a Creole (Haitian) service. It will begin on January 19th. We will also have a carry in dinner for all of us to get to know one another.

My message series on Vision 20/20 will begin on January 12th. Please join me in praying for Jesus to help us see clearly His plans for our church.

Blessings and peace,
Beth Ann

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Finance Corner



At the finance meeting on December 10, the committee received good news that we will end the year with a very nice double digit balance in our general operating account. Thanks to our very giving congregation who made this happen. In my several years of being involved in the financial ministry of our church, this is the most positive year-end that I have witnessed. Keep up God's good work.

We have completed the Stewardship Campaign and that was also encouraging. If you weren't able to complete a 2020 pledge card, you are welcome to stop by the church office and do so.

Blessings of the season to all!
Jerry Miller, Finance Chair

Trustee Report

The Trustee Chair will submit a report in January.

January - Door Hosts and Sunday Volunteers

	Education Wing	Nursery Hallway	Narthex Hallway
10:45	Sheri Geisler	Conna Kitchel	Larry Kitchel

January - 1st Service Volunteers

Scripture Reader: Tad Wilkinson

Communion Prep: Steve & Kit Clary

Coffee Hour: Dave & Marj Miller



Prayer Concerns

Family of Don Hamilton
Liz Billman
Art & Donna Cook
Family of Trampus
Hanawalt

Nursing Homes

McKinney Place
Beverly Hess
Woodbridge
Mike Doering

Military Service

Braxton Baker
Jacob Kaley
Alex Karnafel
Matt Karnafel
Oakley Lewellen
Joshua Lyons
Tim Strubell

Praying Together

To help us partner with you in prayer, please submit all requests in writing so we can add the names to our written prayer list. Thank you.

JOY Circle

JOY Circle meets Wed, January 8th at 9 AM in the Fellowship Hall. Budget and pledges are the business of the day. All women of the church are invited to attend.

Church Leaders

Our Bishop

Bishop Julius Trimble

Conference

Superintendent

Rev. Lori Blinn

Associate

Superintendents

Rev. Rob Seewald

Rev. John Randall

Church Cluster

Crosswind UMC

Pastor Nick Robinson

First UMC

Pastor Beth Ann Cook

Main Street UMC

Rev. Colleen Hardin

Wheatland Ave UMC

Bert Stover





Wishing you a Healthy 2020

Looking back over Christmas celebrations with loved ones, we feel joy and gratitude for the gift of Jesus, time shared and memories made. Looking forward, you may be searching for your inner motivation to make positive lifestyle changes for 2020. The Centers for Disease Control and Prevention state that a safe amount of weight to lose/week is just 1-2 pounds. Slower weight loss and the implementation of gradual changes typically results and sustained weight loss.

Be honest with yourself and calculate how many calories you consume on an average day then cut that number by 500-1000 calories/day. One pound of fat contains 3500 calories, so if you reduce your intake by 500-1000 calories/day, you will lose 1-2 pounds per week.

1. Plan your food for the week and never shop when you're hungry. Eat at least four servings of vegetables and three servings of fruit each day.
2. Fill up on plant-based foods as they are full of fiber and nutrients.
3. Sit down at the table with no media distractions and chew slowly because it takes time for your gut to recognize that it's full.
4. Use a smaller plate, select whole grains, eat lean protein, drink a large glass of water before your meal and another with your meal.
5. Keep healthy snacks available so you don't make a bad choices when you're hungry. Avoid refined and simple carbohydrates like white bread, pasta and candy because they are more dangerous than saturated fats and cause the liver to release saturated fats into your bloodstream as they are broken down.
6. Increase cardiovascular exercise and be sure you are exercising at least 150 minutes/week with moderate intensity or 30 minutes per day. Be sure to include strength building and resistance exercises because you will burn more calories with muscle than fat.



Set realistic goals such as losing 5-10% of your current weight. When you achieve that goal celebrate then set a new achievable goal. Make lifestyle changes that work for you and enjoy the benefits of increased energy, improved physical mobility, improved morale and self-confidence.

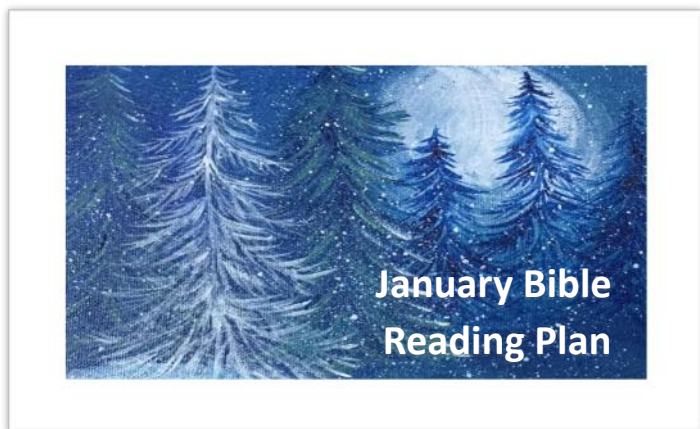
Take care,

Heather



The Family of Don Hamilton would like to express its gratitude for the delicious meal and the wonderful hospitality of our church family.
We love you all!
God bless you!

Birthdays & Anniversaries

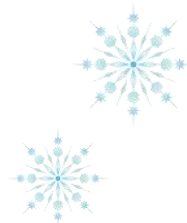


1 Genesis 1-3	11 Genesis 31-32	21 Exodus 10-12
2 Genesis 4-7	12 Genesis 33-35	22 Exodus 13-15
3 Genesis 8-11	13 Genesis 36-38	23 Exodus 16-18
4 Genesis 12-15	14 Genesis 39-41	24 Exodus 19-21
5 Genesis 16-18	15 Genesis 42-44	25 Exodus 22-24
6 Genesis 19-20	16 Genesis 45-47	26 Exodus 25-27
7 Genesis 21-23	17 Genesis 48-50	27 Exodus 28-29
8 Genesis 24-25	18 Exodus 1-3	28 Exodus 30-32
9 Genesis 26-28	19 Exodus 4-6	29 Exodus 33-35
10 Genesis 29-30	20 Exodus 7-9	30 Exodus 36-38



Birthdays

- Jan 1** Jeff Smith
- Jan 7** Chase Karnafel
Drews Sailors
Susan Swartz
- Jan 8** Kit Clary
- Jan 9** Susan Long
- Jan 12** Don Collins
- Jan 13** Vicki Byrd
- Jan 14** Carolyn Michael
Marvellen Dunwoody
- Jan 17** Pat Wilkinson
- Jan 21** Carol Easterday
Conna Kitchel
- Jan 22** Dawn Fisher
- Jan 23** Connie Graf
Don Tribbett
- Jan 26** Brian Graham
Mark Hammons
- Jan 27** Kerigan Weese
- Jan 30** Anne Boonstra
- Jan 31** Cynthia Deane



Anniversaries

- Jan 17** Gil & Betty Thomas



January Events and Meetings:

- Wed, Jan 1** LCM & Church Office Closed
- Sun, Jan 5** Staff Epiphany Party, 6 PM, Fellowship Hall
- Wed, Jan 8** JOY Circle, 9 AM, Fellowship Hall
- Mon, Jan 13** Trustees, 6 PM, Parlor
- Sat, Jan 18** Loaves & Fishes, 11:30 AM, Fellowship Hall
- Sun, Jan 19** Carry-in Dinner, Noon, Fellowship Hall

Standing Meetings/Studies

Mondays

- 7:00 AM Men's Fellowship, Parlor
- 10:00 AM Staff Meeting, Pastor's Office

Tuesdays

- 9:30 AM Bible Study, Parlor
- 11:00 AM Prayer Meeting, Sanctuary
- 1:00 PM Women's Bible Study

Wednesdays

- 5:00 PM Bell Choir, Sanctuary
- 6:00 PM Choir, Fellowship Hall
Bible Study, Parlor



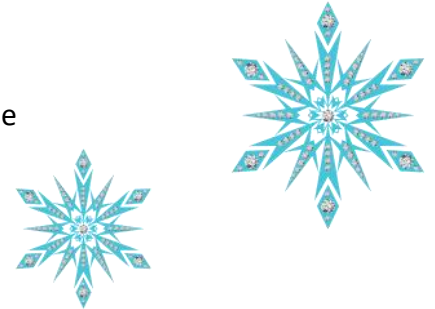
New Message Series begins

Sunday, January 12, 2020

Little Children's Ministry News

As we begin our New Year, we would like to reflect on our LCM Christmas Program. The Sanctuary was standing room only with family, friends and loved ones who came to see their little ones perform. We are very blessed to have so many families that support the children and staff here at LCM. Thank you to all that provided cookies for the reception.

We would also like to update everyone regarding the families that we were able to provide gifts to for Christmas. LCM supported 9 children and JOY Circle bought gifts for 6 other children in need. JOY Circle is a wonderful group of ladies whom we appreciate very much! LCM was able to raise \$175 from selling ornaments made by the LCM children and \$69.84 in popcorn sales. This helped in buying the toys. The families were very appreciative.



The New Year brings new goals for Little Children's Ministry. In 2019 we were able to reach our Project Playground goal, complete the 3rd floor restroom renovation, reach Level 3 on *Paths to Quality* as well as have 4 staff members receive their Childhood Development Associate Degree. In 2020, we hope to continue our staff educational development. We also have a goal to provide more of a learning experience in the basement play area. This will be our new "Project Indoor Playground" goal.

We have several staff members who are expecting babies this year. Nicole, our Administrative Assistant, will be having a baby very soon. Therefore, we have hired Lori Shewman, who is currently the church secretary, to work for LCM in the afternoons. This will be a great help to LCM while Nicole is away on maternity leave. We look forward to working with her!

Thank you for everything you do to support Little Children's Ministry! We look forward to providing quality learning and childcare to our community in 2020.



Dates to Remember:

- ◆ LCM opens January 2, 2020

Sincerely,

Belinda Jordan, Director



LCM STAFF

Director - Belinda Jordan

Administrative Assistant - Nicole Hacker

Treasurer - Julie Slater

First United Methodist Church

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Communication

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Church Office Hours: M-F, 8:30 AM-12:30 PM

LCM Office Hours: M-F, 6 AM-6 PM



Sunday Services

8:15 AM - Worship/Traditional

9:30 AM - Sunday School/Fellowship

10:45 AM - Contemporary Worship/*The Stand*

2:00 PM - Zo Christian Church

Bible Studies

Men's Monday Fellowship - 7 AM, Parlor

Tuesday - Women's Study- 9:30, AM, Parlor

Church Staff

- ◆ **Pastor:** Beth Ann Cook
Phone: 812-550-4736
Email: revbethanncook@gmail.com
Instagram: revbethanncook
- ◆ **Administrative Assistant:** Lori Shewman
Email: loganfirst@comcast.net
- ◆ **LCM Director:** Belinda Jordan
Email: fumlcm@gmail.com
- ◆ **LCM Administrative Assistant:** Nicole Hacker
Email: lcmsec@comcast.net
- ◆ **Treasurer:** Elaine Hall
Email: loganfirsttreasurer@comcast.net
- ◆ **Financial Secretary:** Penny Schaefer
- ◆ **Worship Leader:** Ali Williams
- ◆ **Media Coordinator:** Luann Hamilton
- ◆ **Pianists:** Deb Binford, Jeff Smith, Elaine Hall

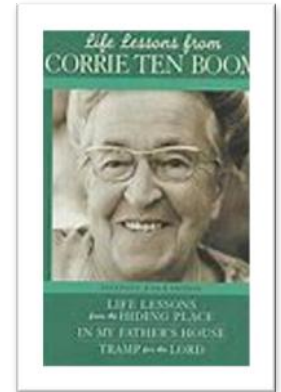


Book of the Month

Life Lessons from Corrie Ten Boom

Chosen Books

Admired the world over for her courage, forgiveness and love of Jesus, Corrie Ten Boom was a powerful example of what we can do when we place our trust in God.



This three-in-one edition brings you *Life Lessons from the Hiding Place* by Pam Rosewell Moore, (Corrie's constant companion for the last seven years of her life) *In My Father's House* and *Tramp for the Lord* by Ms Ten Boom.



KIDS Club will kick off 2020 activities on Sunday, January 12, and meet again on the 26th.

Our Vision

REACH | EQUIP | SEND

Our Mission

The mission of the church is to make disciples of Jesus Christ for the transformation of the world.

Concerns & Schedules

Sunday, December 15, 2019
6 PM