

Top stories in this newsletter



From the Pastor
Page 1



Committee Updates
Page 2



Prayer Requests
Page 3



Birthdays/Anniversaries
Page 3



Daily Bible Reading
Page 4



Take Care
Page 5



LCM
Page 6

From the Pastor: Pastor Beth Ann Cook



*But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. **2 Corinthians 12:9***

I don't like admitting that I have weaknesses! I bet you don't either.

My Dad loves Westerns. So I was raised with a lot of John Wayne, Clint Eastwood and Gunsmoke. Those old shows reinforced the American ideal of being strong, independent, capable and self-sufficient. I bought Dad a t-shirt with a John Wayne saying on it for Christmas which has been a real hit. “Slap some bacon on a biscuit and let's go. We're burning daylight!” Anytime he wears it people comment on it. So what happens if you can't do everything you once did—or you can't do it the way you once did? It can be downright depressing.

The good news of the Gospel is that our limitations don't keep God from using us. In fact 2 Corinthians 12:9 says that sometimes our limitations lead to God getting MORE glory. I've had to lean into this truth lately.

Many of you know that I've recently faced a bout with Vertigo. While the acute vertigo is gone I still have some vestibular challenges which may or may not go completely away. The biggest impact for me is that long hours of reading or using the computer can produce really bad headaches. I'm doing physical therapy, have new reading glasses, and generally coping. I'm also waiting to get in with a Neurologist. Unfortunately, they are all backlogged and that is unlikely to happen for several months.

Right now there are things I just can't do the way I used to do them. One is sitting down for long stretches of Bible study preparation. I'm having to prayerfully embrace my weaknesses and lean into 2 Corinthians 9:12.

Many of you have asked when we are going to restart the Revelation study we were doing before the fall COVID closure. The short answer is that I don't know. I do know that right now, I'm not capable of spending 10-15 hours of intense Bible Study,

Continued on page 2

Pastor Beth Ann continued



reviewing commentaries, etc. I hope maybe next fall or winter we can do that again. In the meantime I'm going to begin offering a different kind of Wednesday night Bible Study. We are going to use a study by two friends of mine, Justice Hunter and Phil Tallon called "The Absolute Basics of the Wesleyan Way." This is the follow up to their book "The Absolute Basics of the Christian Faith" that I've used for new member and confirmation classes. I think everyone will be blessed by this study and it will be something I can definitely do right now. Watch for more information.

I appreciate your prayers for me as I continue to work on my health situation.

Blessings and peace,
Beth Ann

Finance Corner- Jerry Miller, Chair



Since 2018, our church has received significant gifts from two deceased long-time members. With bank interest rates at a very low rate, the finance committee decided at our April meeting to set up an investment account with the United Methodist Foundation of Indiana. We have had a small investment with the Foundation for several years and its performance has been excellent. This investment will be in a blend of fixed and equities. The Foundation is not for profit and the only cost is a small annual management fee.

An "Investment Policy Statement" was created and approved at the Ad Council meeting on April 19th. This will serve as a guide for the current and future Finance Committees, plus the Foundation in the management of this account.

Annually this account can provide the Church with several thousand dollars for special projects, plus at any time we could take a withdrawal for new needs that might occur.

Our Church has been truly BLESSED!

Trustee Report- Steve Longenecker, Chair

Joy Circle



JOY Circle will meet Wednesday, May 12, at 9:30 AM in Fellowship Hall. Hostesses will be Pat Wilkinson and Barb Wolfe, Mary Stuart will have devotions. If you are unable to carry out the assignment, please feel free to trade with someone or let me know.

Marge Miller is giving our program with a little twist. Instead of the history of the First UMC, we will share **our** history with First UMC. This should be an interesting program.

The June 9th meeting will be at John and Sharon Jones. Ladies will bring salads (A-M) and desserts (N-Z). Men will eat at the restaurant. We encourage you to car pool. Watch for updates and detour directions. See you May 12, at 9:30 AM!

Jayne Sullivan, Chair

Prayer Requests



Pastor Beth Ann
Beverly Hess
Lauren Hanawalt
Ed Hanawalt
Tim Taylor

Email your prayer requests to the church office at loganfirst@comcast.net or call 574-753-3491.

Nursing Homes



McKinney Place: Beverly Hess & Beverly Vietti
Milner Community Healthcare: Bev Bartunek

Woodbridge: Mike Doering

Active Duty Military



Braxton Baker
Oakley Lewellen

Jacob Kaley
Joshua Lyons

Alex Karnafel
Tim Strubell

Matt Karnafel

May Daily Bible Reading



1 2 Kings 8-9

2 2 Kings 10-12

3 2 Kings 13-14

4 2 Kings 15-16

5 2 Kings 17-18

6 2 Kings 19-21

7 2 Kings 22-25

8 1 Chron. 1

9 1 Chron. 2-4

10 1 Chron. 5-6

11 1 Chron. 7-9

12 1 Chron. 10-12

13 1 Chron. 13-16

14 1 Chron. 17-19

15 1 Chron. 20-23

16 1 Chron. 24-26

17 1 Chron. 27-29

18 2 Chron. 1-4

19 2 Chron. 5-7

20 2 Chron. 8-10

21 2 Chron. 11-14

22 2 Chron. 15-18

23 2 Chron. 19-22

24 2 Chron. 23-25

25 2 Chron. 26-28

26 2 Chron. 29-30

27 2 Chron. 31-33

28 2 Chron. 34-36

29 Ezra 1-2

30 Ezra 3-5

31 Ezra 6-8

Birthdays



- | | | | |
|---------------|--|---------------|----------------------------|
| May 5 | Mary Ingram | May 16 | Elaine Hall |
| May 6 | Cameron Hamilton | May 17 | Linda Stilwell |
| May 9 | Kabrina Baker | May 18 | Dane Hamilton |
| May 11 | Louis Baker, Theresa Baker | May 23 | Alex Karnafel |
| May 14 | Christy Geisler, Mike Gray,
Kendra Hall | May 24 | Michael Swartzell |
| | | May 29 | Herb Bowman, Duane Sailors |

Anniversaries

- | | | | |
|---------------|----------------------|---------------|--------------------------|
| May 1 | Max & Paulette Waltz | May 27 | Jay & Martine Byers |
| May 4 | Tim & Kelly Rich | May 31 | Joseph & Barbara Leffert |
| May 14 | Casey & Carmen Jones | | |

May Schedule



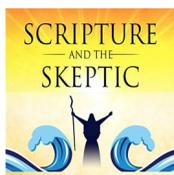
Weekly Schedule:

- Sunday:** Coffee Hour, 9:15 AM, Fellowship Hall
Sullivan Sunday School Class, 9:15 AM, Parlor
- Monday:** Staff Meeting, 10 AM, Parlor
- Tuesday:** Bible Study, 9:30 AM, Parlor
Prayer, 11 AM, Sanctuary
- Wednesday:** Dial-up Devotion & Prayer with Pastor Beth Ann
Call 605-313-5919 Code: 635572
Bell Choir, 5 PM, Sanctuary

May Events/Meetings:

- Monday, May 6:** National Day of Prayer, 11:30 AM– 12:30 PM, Freedom Park
- Wednesday, May 12:** JOY Circle, 9 AM, Fellowship Hall
- Saturday, May 15:** Loaves and Fishes, 11:30 AM– 12:30 PM
- Friday, May 21:** LCM Graduation, 6 PM, Sanctuary/Reception, Fellowship Hall
- Monday, May 31:** Labor Day– Church and LCM office closed

Scripture and the Skeptic Discussion Group



At the end of the *Scripture and The Skeptic* Series, Pastor Beth Ann plans to hold a discussion group on Wednesday, May 26, at 6 PM in the Parlor.

Take Care- Heather Platt



Spring is here and it's that time of year when we all think about warmer weather and bringing those lighter clothes out of the closet! I'm not certain about you, but some of us are stressed with the idea of removing those winter layers of clothing revealing what's underneath...

What we all need to keep in mind is with any change, we have to start small and be realistic about working toward our goal. If maintaining or obtaining a healthy weight is a goal for you, we're on the same page!

The number one factor for each of us regarding weight control is limiting our caloric consumption. That means watching calories, making healthy food choices and controlling portion sizes. Many studies show that eating three meals per day with three planned healthy snacks is a good method. It causes us to stay satisfied and avoids drops in blood sugar causing us to want to grab for something quick and high calorie. Making a list and planning our diet is very important. If we plan to go to the grocery and buy lots of colorful fruits and vegetables, we are more likely to eat them. It's also best to come home and actually wash and prepare them so they don't just sit in the refrigerator and spoil.

Think in terms of filling your plate with mostly vegetables, some fruit, 4-6 ounces of a lean meat/protein and a whole grain. Your plate should be colorful! Pick a smaller plate as well because we know a lot of our satisfaction comes from the belief that we ate a good quantity. A diet lower in calories can still be filling as long as we make healthy choices. Starchy and high calorie foods are the enemy. When we consume heavy carbs and simple sugar for energy, we create large fluctuations in our blood sugar. When sugar molecules are floating around in our blood stream, they latch onto enzymes or proteins causing an inflammatory reaction which leads to damage in the linings of our arteries. Foods heavy in starchy carbohydrates, sugar, saturated fats and those that are processed with lots of shelf sustaining chemicals, lead to health concerns such as high blood pressure, high cholesterol, high triglycerides and inflammation.

Eating a diet with plenty of plants containing antioxidant compounds, combats the negative effects of inflammation. Eating whole grains full of fiber will help us reduce our cholesterol. Consuming lean meat gives us a great source of protein helping us to stay satisfied.

At the same time, be realistic and don't try to abstain from all "bad" foods. Allow yourself to have that treat but then cut down on your next meal and recover from the extra calories. It's a good idea to weigh in at the same time each morning and keep in check, so if a couple of pounds come on, we can adjust and go back to baseline.

Happy Spring, happy people. Each of us may see the negative about our own bodies but what others really care about is how we make them feel. If they can feel God's love from us, we are perfect.

Little Children's Ministry



Little Children's Ministry will continue to be closed through May 10th due to a positive covid result within the staff. We have attempted to keep classes separated to contain the spread of the coronavirus should a positive case occur. However, we are unable to prevent it completely due to staff interaction and siblings throughout the building.

LCM continues to be vigilant in doing what we need to do to keep everyone safe— just as the community continues to get vaccinated. LCM is anxious to put this pandemic behind us. We are very fortunate to have received the PPP loan and generous donations from the church. These have helped to keep Little Children's Ministry in operation. Thank you to everyone who helped us throughout the past year!

Preschool graduation will take place on Friday, May 21, at 6 p.m. in the sanctuary. Each of the 19 graduates will be given 4 tickets for family and friends to attend. The reception will be held in the Fellowship Hall immediately following the ceremony. We congratulate all of our children that are moving on to Kindergarten in the Fall! We are very proud of all of them! The LCM staff does a wonderful job preparing our students for their elementary school adventures.

LCM has begun using the Chapel again. It is wonderful to hear the Bible lessons and songs coming from that area in the mornings. Staff taught the Bible Lessons, prepared by Nicole Hacker, when we were still confined to the rooms. However, it is nice to get them back into the Chapel setting. God has answered many prayers throughout this past year, and we praise him every morning for Little Children's Ministry.

Summer will be arriving quickly. We are currently working on themes which will allow all of the classes to still have a plan throughout the summer without having to follow a facility wide lesson plan. They will concentrate on colors, numbers, and letters while presenting it in fun themes. Little Children's Ministry will continue our school-age Summer program as well. We are excited for the warm weather and a chance for the children to enjoy lots of outdoor time!

The First UMC Little Children's Ministry bus is in need of replacement. The auto repair shop had told us that the frame is rusting and not repairable. Please contact the LCM/First UMC office if you are aware of any 15 passenger buses for a good price.

Please continue to pray for LCM and our families throughout this Pandemic.

Baptism and New Member Classes



Are you interested in baptism or becoming a member of First UMC? Pastor Beth Ann will be scheduling classes for interested individuals. Contact the church office for details.

First Church Staff, Contact Information, Service Times



First United Methodist Church

Pastor: Beth Ann Cook, **Email:** revbethanncook@gmail.com

Administrative Assistant: Lori Shewman, **Email:** loganfirst@comcast.net

Treasurer: Elaine Hall, **Email:** loganfirsttreasurer@comcast.net

Financial Secretary: Nancy Hamilton

Worship Leader: Ali Williams

Media Coordinator: Luann Hamilton

Pianists: Deb Binford, Jeff Smith, Elaine Hall



Little Children's Ministry

Director: Belinda Jordan, **Email:** fumlcm@gmail.com

LCM Administrative Assistant/Treasurer: Stormie Riveria

Email: lcmsec@comcast.net

First United Methodist Church, 800 E Broadway, Logansport, IN 46947
(574-753-3491)

Email: loganfirst@comcast.net

Website: www.loganfirst.org

Facebook: Logansport First United Methodist

Service Times

Traditional In-person and Virtual Service on Facebook: 8:15 AM

Contemporary In-person and Virtual Service on Facebook: 10 AM

Haitian In-person Service: 11:30 AM

State/Regional Leaders Church Leaders

Bishop: Bishop Julius Trimble

Conference Superintendent: Rev Lori Blinn

Associate Superintendents: Rev Rob Seewald & Rev John Randall

Church Cluster

Crosswind UMC: Pastor Rick Robinson

First UMC: Pastor Beth Ann Cook

Main Street UMC: Pastor Doug Thomas

Wheatland Avenue UMC: Bert Stover