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From the Pastor- Beth Ann Cook

I'm writing this article in Houston, Texas, where I am attending the board meeting for Good News Magazine. This is our first time together since before the pandemic. We have met via Zoom to conduct business over the last two years-- but it just isn't the same as seeing each other face to face.



It is so incredibly good to gather together! We excitedly hugged each other. Our meeting began with sharing and prayer. We updated one another on our lives during the past two years. Board members have welcomed new births, grieved the death of loved ones, moved to new churches, started new ministries, and experienced a host of other life changes. We also remembered friends and ministry partners who have died during this time.

Charles Wesley, one of the founders, of the United Methodist Church wrote a hymn that is traditionally sung when Methodists gather at Annual Conference that goes..."

*And are we yet alive,
And see each other's face
Glory and praise to Jesus give,
For His redeeming grace.
Preserved by power divine,
To full salvation here,
Again in Jesus' praise we join,
And in His sight appear.*

On November 7, we will celebrate All Saints Day and remember those who have gone to the LORD before us. I'm reminded that we will one day gather together at the wedding feast of the Lamb. We will once see each other's faces, hug, laugh, and break bread. How great will be our joy! Praise be to our Savior Jesus for his redeeming grace!

Blessings and peace,
Beth Ann

Pastor Beth Ann's Contact Info:
Email: revbethanncook@gmail.com
Phone: 812-550-4736



Birthdays

Nov 1 Jackson Kraud
Sherri Storey

Nov 4 David Danhauser

Nov 5 Sandy Cox
Megan Karnafel

Nov 7 Brad Platt

Nov 9 Jim Hoffman

Nov 12 Barbara Leffert

Nov 15 Dixie Becker

Nov 16 Arin Deane

Nov 18 Isabelle Kraud Bryan

Nov 25 Evert Wolfe

Nov 29 Bill Stilwell

Nov 30 John Jones

Anniversaries

Nov 17 Gary & Noreen Provo

Nov 18 Bob & Julia Glaser

Nov 26 Phil & Karen Starkey

Nov 30 Evert & Barbara Wolfe



Weekly Schedule:

Monday: Staff Meeting, 10 AM, Parlor

Tuesday: Bible Study, 9:30 AM, Parlor, Prayer, 11 AM, Sanctuary

Wednesday: Dial-up Devotion & Prayer, 2 PM, Call 605-313-5919, Code 635572
Bell Choir, 5 PM, Sanctuary
The Chosen Study/ Discussion Group, 6 PM, Fellowship Hall

November Event Schedule:

Mon, Nov 1 Pastor Parish, 6 PM, Parlor

Tues, Nov 2 LCM Board Meeting, 5 PM, Parlor

Sun, Nov 7 All Saints Day

Wed, Nov 10 JOY Circle, 9 AM, Fellowship Hall

Sun, Nov 14 First UMC Charge Conference
Cory Asbury Concert, 7 PM, Cross Roads Church, Kokomo

Sun, Nov 21 Stewardship Sunday

Mon, Nov 22 Paint with the Pastor, 6 PM, Logan Art Association

Thurs, Nov 25 Thanksgiving

Fri, Nov 26 Church Office & LCM closed

Sun, Nov 28 First Day of Advent



November Daily Bible Reading

1 Luke 21-22

2 Luke 23-24

3 John 1-3

4 John 4-5

5 John 6-7

6 John 8-9

7 John 10-11

8 John 12-13

9 John 14-16

10 John 17-18

11 John 19-21

12 Acts 1-3

13 Acts 4-6

14 Acts 7-8

15 Acts 9-10

16 Acts 11-13

17 Acts 14-16

18 Acts 17-18

19 Acts 19-20

20 Acts 21-22

21 Acts 23-25

22 Acts 26-28

23 Romans 1-3

24 Romans 4-7

25 Romans 8-10

26 Romans 11-14

27 Romans 15-16

28 1 Corinth. 1-4

29 1 Corinth. 5-8

30 1 Corinth. 9-11

New Prayer Requests

- Jayne & Dale Sullivan
- Nancy Beachler
- Carmen Jones & baby
- Cora Peterson & baby
- Don & Frances Shelhart
- Foster families
- Kelly Mercy
- Larry Nulf
- Levi Hamilton
- Steve Bonhomme
- Steve Chapman
- Unspoken
- Patty Pendergast
- Kathy S
- Edwin R
- Casey N

Continuing Requests

- ◆ Becky & Ed Hanawalt
- ◆ Paul Ulerick

Nursing Homes:

McKinney Place: Beverly Hess & Beverly Vietti

Milner Community Healthcare: Bev Bartunek

Millers Merry Manor: Sally Mauck

Woodbridge: Mike Doering & Charlotte Sibley

Military Service:

Braxton Baker

Jacob Kaley

Alex Karnafel

Mickey Karnafel

Oakley Lewellen

Joshua Lyons

Tim Strubell



Trustee Report- Steve Longenecker, Chair– No report this month

Finance Report– Jerry Miller, Chair– no report this month

Take Care– AED (Automated External Defibrillator) Refresher — Heather Platt

An AED is a sophisticated medical device that will analyze the heart rhythm and if necessary, deliver a shock or defibrillation in an effort to restore an effective heart rhythm. This high tech device was designed for non-medical people to be able to use in a cardiac arrest emergency to save a life.



When cardiac arrest occurs, (the heart stops beating effectively) seconds count. Studies show that immediate CPR (cardiopulmonary resuscitation) plus early defibrillation can more than double a person's chance of survival. When high quality CPR is given within the first four minutes, brain damage is unlikely to develop. If CPR is delayed 4-6 minutes, the person will possibly have brain damage. CPR that is started between 6-10 minutes after arrest the person has a high probability of brain damage but if CPR is delayed 10 minutes or more, it is most likely that brain damage will have occurred.

Delivering high quality CPR places a big emphasis on proper hand placement and compressing the chest 2 inches deep on people aged 1 year through adult. The rate of chest compression is also very important and it needs to occur at a rate of 100-120 times per minute in order to provide blood flow to the heart and brain.

If you witness or find a person who may have experienced sudden cardiac arrest, you will find someone who is unresponsive, not breathing effectively and without a pulse. Do not waste time trying to find a pulse or determine how well someone is breathing.

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Your number one priority is to get help. Call 911, start CPR and have someone bring the AED to the unconscious person. Do not stop giving CPR while someone sets up the AED.



The most important thing to remember with our AED is to lock in the battery pack and electrodes into the back of the AED then power it on. Remember that here, we have both the adult and child battery pack and electrodes so you need to decide if this person is 1-8 years old = child or greater than 8 years old = adult. From that point on, the AED will tell you what to do. Stay as calm as you can and listen for the instructions.

- Remove shirt/bra-scissors are included in the kit.
- Remove excessive chest hair before placing pads- look at pictures on pads for location but most commonly under the right color bone and under the left breast. The kit includes duct tape to quickly rip off hair or a razor if preferred but don't delay.
- If the person is wet or sweaty, use the towel and wipe skin dry before placing pads.
- If the person has a hard round lump under their skin located under the collarbone, do not place the pad directly over this potential pacemaker.
- If the person has a medication patch on the chest, remove the medicine patch and wipe the chest wall where the patch was to remove excess medication. This is done to avoid energy arcing during defibrillation. (Wipe your hands if you get the medication from the patch on you.)
- Place the pads. The AED will tell you "do not to touch the patient" while it is analyzing the heart rhythm. The AED will then say "shock advised" or "no shock advised."
- If a "shock is advised," this means the AED determines the lethal heart arrhythmia is either ventricular fibrillation (VF) or ventricular tachycardia (VT). Both of these rhythms require defibrillation to convert back into a normal rhythm. The AED will tell you to ensure all responders to NOT touch the patient, then it will tell you to deliver the shock (meaning you need to press the button with the lightning bolt). The reason that all responders must step back and not touch the patient is because if you touch the patient, you too will be shocked!
- If the AED says, "no shock advised," this means the patient is in a heart rhythm that will not improve with defibrillation. This type of rhythm requires CPR only. Leave the pads on the chest and continue to follow the prompts until the EMS arrives.
- Remember that the AED needs to stay on the patient until the EMS arrives no matter if you've shocked/defibrillated the patient multiple times or not. You may have a situation where you are delivering CPR for 2 minute intervals followed by a period of rest while the AED 'analyses the rhythm' and tells you to 'not to defibrillate' or 'defibrillate' and continue CPR.
- If your patient suddenly starts to take breaths or awaken, great job! But leave the AED on and follow commands until help arrives.

Know this about an AED- if you are able to help a person in their greatest time of need and place the AED, you improve their survival rate dramatically! Defibrillation is especially effective if the first shock is delivered in less than 2-3 minutes from cardiac arrest. For every minute that defibrillation is delayed, the person's survival rate drops by 10%. An AED that is placed upon collapse, with responders who perform effective CPR and defibrillation will increase the person's chance of survival by 90%. I'll be offering a refresher in the use of the AED very soon so watch for that if you are interested in learning more. Please remember that we house the AED in a cabinet, inside the elevator alcove, beside the nursery.

Little Childrens Ministry: Belinda Jordan, Director

Cooler weather and indoor playtime! We are very excited to announce that we are finishing some final assembling and the indoor play area will be ready to open in early November! We purchased the play area toys with a combination of grant money, fundraiser profits, and a generous donation of \$5,000 from a woman who holds LCM dear to her heart. We are grateful for her support and for everyone else who helped us complete this project. The kids are going to absolutely love it!



Fall has been full of fun at LCM. During Fall Break, the Zoo Crew kids participated in *Paint with the Pastor* at the Art Association. They made paintings of a spider or a black cat to go with the bible verse, Isaiah 43:5: *Fear not for I am with you.* They very much look forward to painting with the Pastor events!



Grandparent's Day for preschool, toddlers, and infants was held on Friday, October 8. Many grandparents came to spend time with their grandchildren. The program consisted of the children performing songs followed by refreshments. Photos were offered in the Parlor by Dulce Candle Light Studio. It was very nice to once again gather to celebrate all of our wonderful grandparents.

The Little Children's Ministry annual *Trick or Treating in the Hallways* occurred on Friday, October 29. This was the 6th year that LCM has participated in this tradition. We love giving every child the opportunity to Trick or Treat in a warm, safe environment. Thank you to all parents, staff, and church members who donated candy for this event.

We will be having our *Thanksgiving Feast* for all of our preschool and toddler Pilgrims and Indians on Tuesday, November 23rd. Little Children's Ministry will then be closed for the holidays on Thursday and Friday in observance of the Thanksgiving holiday.

LCM's October Mission raised money to support Breast Cancer Research. Our November and December Mission is to provide Christmas for LCM families in need. Joy Circle has graciously offered to provide Christmas for several of these children. Applications for families in need are being accepted between November 1 and November 12. We are hoping that we will be able to assist all families that apply, but may have to limit the number depending on how great of the need. If you would like to assist LCM with this mission, cash donations are welcome.

November Bible Verse:



First UMC Contact Info:

Phone: 574.753.3491

Email: loganfirst@comcast.net

Web: www.loganfirst.org



- **Sunday Services:** 800 E Broadway, Logansport IN, 46947
- **Worship:** 8:15 AM & 10 AM * Face masks required until seated
- **Live Streaming:** 8:15 & 10 AM on FaceBook Live @ Logansport First United Methodist Church

Church Staff

- **Pastor:** Beth Ann Cook, revbethanncook@gmail.com * Phone: 812-550-4736
- **Treasurer:** Elaine Hall, Email: loganfirsttreasurer@comcast.net
- **Administrative Assistant:** Lori Shewman, Email: loganfirst@comcast.net
- **Financial Secretary:** Nancy Hamilton
- **Worship Leader:** Ali Williams
- **Media Coordinator:** Luann Hamilton

Little Childrens Ministry Staff

- ◆ **Director:** Belinda Jordan, Email: fumlcm@gmail.com * 574-753-6058
- ◆ **Administrative Assistant:** Stormie Riveria, Email: lcmsec@comcast.net

Church Leaders:

- **Our Bishop:** Bishop Julius Trimble
- **Conference Superintendent:** Rev. Lori Blinn
- **Associate Superintendents:** Rev. Rob Seewald & Rev. John Randall

Church Cluster:

- **Crosswind UMC:** Pastor Tim Powers
- **Main Street UMC:** Pastor Doug Thomas
- **Wheatland Ave UMC:** Bert Stover
- **First UMC:** Pastor Beth Ann Cook



Our Mission

The mission of the church is to make disciples of Jesus Christ for the transformation of the world.

Our Vision

REACH...EQUIP...SEND